

## Mothers' Union's 16 Days of Activism

Put together a moving in/ moving on pack for your local refuge

### Items required include:

- Toiletries
- Bedding sets
- Towels
- Kitchen items (crockery, cutlery, kettle, toaster)

Sophie at Women's Aid Leicester said: **"We always struggle for bedding sets, pillows, and duvets. Toiletry gift sets are also always very welcome as we can provide to the women, and it makes them feel really cared for and considered"**.

Contact me at [kate.cooper@leicestercofe.org](mailto:kate.cooper@leicestercofe.org) if you need help with this as I am always happy to help deliver your items to Women's Aid.



[wa-leicester.org.uk](http://wa-leicester.org.uk)



To find out more, please visit:

[www.mothersunion.org/MUGlobalDay](http://www.mothersunion.org/MUGlobalDay)