

Mothers' Union's Days of Activism

Read Refuge's spotting the signs webpage

Refuge



**For women and children.
Against domestic violence.**

[Refuge's spotting the signs guide please CLICK HERE](#)

Refuge is the largest domestic abuse organisation in the UK. On any given day our services support thousands of women and their children, helping them to overcome the physical, emotional, financial and logistical impacts of abuse and rebuild their lives – free from fear.

Contact REFUGE free, 24/7
on 0808 2000247
www.refuge.org.uk/i-need-help-now/



To find out more, please visit:

www.mothersunion.org/MUGlobalDay